

CLAIMS

1. Ergonomic tray from among those having a central support area surrounded by a peripheral lip, characterised in that it has at least one handle in the form of
 - 5 a concave incut which comprises the main grip area (1), which extends as a gentle concave line (3) ending at the rounded vertex (4) of the tray and on the opposite end extends as a convex area (2) that ends at the beginning of the tray lip.
- 10 2. Ergonomic tray according to claim 1, characterised in that it has at least one handle on the right side of the tray.
3. Ergonomic tray according to claim 1, characterised in that it has at least one handle on the left side of the tray.
 - 15 4. Ergonomic tray according to claim 1, characterised in that it has two symmetrically disposed handles .